



Cosmo School

Home Assignment

Class-8

Hindu Religion and Moral Education

Time: 1 hour 30 minutes

1. Answer the following questions in one word / sentence:

- a) What is called incarnation?
- b) What is the meaning of the word 'Brahma'?
- c) Who are called devotees?
- d) How many parts are there in Yajurveda?
- e) How many main upanishada are there?
- f) What is called Vedic literature?
- g) What is the meaning of the word 'Samhita'?
- h) What is called Brahmana?
- i) What is one of the best parts of six vedanga?
- j) Write some examples of the deity of heaven.
- k) What is the Veda?
- l) Into how many mandal is the whole Rigveda divided?
- m) What is Sharaja?
- n) What is the other name of Black Yajurveda?
- o) What is the meaning of the word 'Atharva'?
- p) What does Sama Veda increase?
- q) What is the meaning of the word 'Samya'?
- r) Who were Brahmins?
- s) What is Vanaprastha?
- t) What is the original source of spiritual activities?

2. Answer the following creative questions:

- a) Babul and Kamol are two friends. Babul worships omnipresent and formless Brahma leaving all worldly pleasures. He works only for human beings, living beings and for achieving love of God. On the other hand, Kamol seeks God with all his heart and soul leaving all his desires. He realizes God as the Supreme soul. Thus, both of them try to gain God.

i) Who is called Bhagavan?

1

ii) Explain the concept of Ishwar.

2

- iii) In which point of view does Babul want to realize God? Explain in the light of the textbook. **3**
- iv) “To Kamol Supreme soul is Ishwar”- Analyze the statement. **4**
- b) Sajol studies a part of Veda. From this part, he acquires the knowledge of geometry. On the other hand, his friend Shamol also studies a part of Veda. From this part, he acquires the knowledge of song.**
- i) What is called the absorption in deep austere ascetic practice? **1**
- ii) Why is the Veda called as spiritual? Explain. **2**
- iii) From which part of the Veda does Sajol acquire knowledge? Explain the mentioned part of the Veda. **3**
- iv) Do you think that Sajol and Shamol study the same part of the Veda? Give reasons of your answer. **4**
- c) Sumitra reads in class eight. She is good in studies, but she is not regular in school. When her class teacher wants to know the reason behind it, Sumitra informs that most of the times her mother remains sick. The problem of her mother is that after having meal she feels uneasy and anxiety and cannot digest. She is taking medicine but is not getting good result. After hearing everything, the teacher gives the idea about the method of a Yogasana to Sumitra for her mother. According to the direction of the teacher, doing exercise and Yogasana, Sumitra’s mother is fully cured.**
- i) What is called Vajrasana? **1**
- ii) Explain the influence of performing daily practice. **2**
- iii) By practicing which Yogasana does Sumitra’s mother become fully cured? Explain the practice method of that Yogasana. **3**
- iv) Evaluate the influence of the mentioned Yogasana on the body and mind of Sumitra’s mother. **4**